

# TranSierra Norte Rulebook



## Entry of Events

The TranSierra Norte is intended to challenge and test all of the skills of a mountain biker: endurance, conditioning, and technical skills. The main goal of the TranSierra Norte is to foster and create a community of mountain bikers and competitors.

General entry will be limited to 60 riders. Additional racers may be permitted to register and race at the discretion of the Race Organizers.

### **Categories**

Pro Man.

ProWoman.

Open.

Master.

## **Description**

**Pro** – Pro riders are the elite athletes of our sport. They are extremely competent at jumping, drops, cornering and technical rock or trail features. A pro rider can ride any trail in any condition at race speed without hesitation. They are able to complete a 30+ mile trail rides and have a resume with top 5 podium finishes from other races.

**Open - Masters**– Expert riders are comfortable with most of the obstacles on a trail with steep and loose terrain and technical rock gardens. They are able to ride most trail features without hesitation, but occasionally take an alternate line around large trail features. They are able to complete a 20+ mile trail ride and race competitively several times a year.

## **Courses**

The start and finish of each timed stage will be clearly marked on the course. The map will be kept confidential until the course is publically announced as provided. The map will also be displayed at the registration table.

## **Timed Stages**

A timed stage will be designed to test the rider's technical and physical abilities. There is no minimum or maximum duration for an individual timed stage. All timed stages must follow a predominantly descending route and focus on testing the rider's technical skills. Limited climbing may be expected within timed stages in order to create the desired route.

## **Transfer Stages**

The nature of each transfer stage is at the discretion of the TranSierra Norte organizers. Shuttle, rider power, or a combination of both is acceptable. Time penalties may be applied for racers who do not complete the transfer stage in the allotted time.

## **Directions and Markings**

It is each rider's individual responsibility to study the course map and understand the race route before participating in a race. The TranSierra Norte Organizers will explain the course at the racer meeting daily.

## **Course markings**

The signs marking the start and finish of each timed stage will be in place 8 hours before the race starts.

## **Tape**

High-visibility tape may be used to identify the course. Red Caution tape will be reserved for potentially hazardous portions of the course. Yellow Caution tape will be installed on the outside of hazardous corners to inform racers of the consequences of going off trail in these locations. Yellow Caution tape will also be used to line both sides of challenging or hazardous sections of trail, such as notable rock gardens. Tape will be used to prevent cutting any corners on the timed stages (for example, at a switchback).

Where two pieces of tape, on opposite sides of the course, are installed, the riders must pass between them. In these areas, missing, crossing or passing the course tape on the wrong side will be deemed as course cutting.

## **Gates**

Gates are used at the start and finish of each timed stage to create a "timing funnel" through which racers must pass. The racers are timed at the mouth of these gates.

## **Safety, First Aid, and Evacuation**

Competitors will be informed at the racer meeting of emergency contact details that can be used in the event of an accident on course. Safety is extremely important and any rules relating to safety must be followed by all competitors.

As with all outdoor activities, mountain bike racing is extremely dangerous and can lead to serious injury or death. Competitors are expected to ride within their abilities at all times and must understand that by competing in a TranSierra Norte event, the competitors assume all risks associated with mountain biking, racing, and participating in outdoor activities.

### **Man Down Rule**

If a competitor comes across a downed racer, the competitor must ensure the downed racer is uninjured before continuing on. If immediate medical aid is needed, the competitor must call the emergency number (if a telephone is available) and wait with the downed rider for the next competitor to come by. When the next competitor comes by, one competitor must remain with the downed rider and the other must go and inform the nearest race official. At least one competitor must stay with the downed racer until the appropriate help has arrived. Any competitors who render assistance to a downed rider in accordance with this rule will be allowed to re-run that stage.

### **Results**

The results will be calculated by adding all timed stage times together for each rider. In the event of unforeseen or extreme circumstances, the Race Organizer can decide to withdraw a timed stage(s) from consideration.

### **Equipment Requirements**

#### **ALL RIDERS MUST WEAR A HELMET AT ALL TIMES DURING A COMPETITION.**

This mandate includes all transfer and timed stages. There are no exceptions to this rule. Any competitor observed or reported to be competing without a helmet must be automatically disqualified.

### **Safety Equipment**

All riders must wear a helmet at all times during the competition. The Race Organizer recommends that all riders wear a full-face helmet, gloves, and body armor at all times while competing. Riders are permitted to remove their helmets at the top of each transfer stage only when they have dismounted their bicycle. Their helmet must be correctly fitted before mounting their bicycle for the timed section. The correct fitting, condition and suitability of the rider's helmet is the sole responsibility of the rider.

Any protection rules put in place by the Race Organizer must be followed by all competitors. A rider's failure to adhere to a protection rule will result in disqualification. No exceptions will be given.

### **Other Rider Equipment**

Each rider must be self-sufficient during the entire duration of the race. Personal responsibility and self-sufficiency are a large part of the spirit of enduro racing and riders should carry adequate equipment for racing and riding in mountainous environments. Each rider should remember that they are solely responsible for themselves.

It is strongly recommended that all competitors carry:

- Suitable backpack
- Waterproof jacket
- Emergency blanket
- Spare tubes/ puncture repair kit
- Multi tool
- Basic, well maintained first aid kit
- Map
- Food and fluids
- Eye protection (glasses or goggles)
- Emergency contact information
- GPS

- Mobil phone
- A whistle

The use of electronic recording equipment or other devices is permitted. This permission may be revoked at the sole discretion of the Race Organizer. In any case, any electronic device used must not impair safe operation of a bicycle or pose a safety risk to a competitor's self, other competitors, spectators, or any race officials.

### **Course cutting**

Taking short cuts on course in order to gain an advantage can both damage the environment and brings the sport and spirit of enduro mountain biking racing into disrepute. Therefore, any rider choosing a line that lies outside of the marked course will be immediately disqualified. In general, riders must follow the predominant trail or path that exists. While line choices do exist on a course, all riders should be aware that their actions on the course have lasting impacts on the environment and the ability of the Race Organizers to host future events.

The Race Organizer may choose, in exceptional circumstances, to apply a time penalty, in lieu of a disqualification, to a rider found to have cut the course without intention. However, any rider leaving the obvious line must be aware that they risk a disqualification.

### **Allotment Stage delay/missed start**

However, where otherwise applied, an individual's time on a timed stage will start in accordance with the specified start time on the published start list even if the rider is not present. Riders arriving late to the start must follow the starter's orders and join the course when instructed to do so.

Failure to follow starter's orders will result in a suitable time penalty. Any riders arriving at the start of a timed stage later than 30 minutes after their specified start time will be disqualified from the race.

Unless otherwise organized, use of a SPORTident timing system at a race means that riders are not required to start their timed sections in any particular order, and may self-seed and self-space in accordance with the Race Organizer's instruction. Competitors must start the timed section within a reasonable amount of time and before the Race Organizers determine, in their discretion, to begin closing the course for the day.

### **Rule Violation Recording**

The Event Organizer is responsible for the application of the rules and has the final say in regards to the application of these rules. The Race Organizer can appoint a marshal to travel around the course at their own discretion to undisclosed points. These marshals must report all rule violations to the Event Organizer. Any rule violations must be registered with the Event Organizer within 15 minutes of the last competitor finishing the final stage.

### **Timing Chip**

All competitors will carry a chip. It will be provided for the race organizer, The chip must go tied to the wrist and must be returned once the rider crosses the finish line. The rider is responsible to bring back the chip to the staff. It is recommended that the rider securely fasten the chip to the wrist or other part so as not to lose his or her results and be obliged to pay its cost (USD \$675). This chip will give detailed information of the time at each checkpoint.

### **Insurances**

To be able to race the "TranSierra Norte" The riders need t to have a high level of insurance. The minimum aspects of this insurance coverage should be:

- International private hospitals,
- Mountain Biking, (downhill)
- Wilderness rescue,
- Air Rescue